

*Goodes & Guides*

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CREATED *to* AWAKEN  
WHAT'S ALWAYS BEEN INSIDE







## INSIDE YOUR MAGICKBOX



### SOLSTICE SWAG

Protection • Resilience • Good Fortune

*Holly Cedar Juniper*

### SPIRIT SPRITZ

Clarity • Renewal • Harmony

*Orange & Cedarwood*

### SMOKE SMUDGE

Purification • Courage • Protection

*Cedarwood & Rosemary*

### SOUP SALTS

Healing • Warmth • Transformation

*Thyme & Marjoram*

OIL

DROPPER & ROLLER

## *Sanctuary Seal*

Abundance • Spiritual Connection • Grounding

*Orange & Frankincense*





# *Goodes & Guides*

HONORING OUR SEASONS HOLISTICALLY  
MEANS ACKNOWLEDGING THAT THE  
WORLD AROUND US AND THE WORLD  
WITHIN US ARE CONSTANTLY IN  
CONVERSATION. JUST AS THE EARTH  
MOVES INTO THE STILLNESS OF WINTER  
TO GATHER STRENGTH FOR SPRING,

WE MUST INTENTIONALLY CREATE SPACE  
FOR OUR OWN CYCLES OF REST AND  
ACTIVITY. WHEN WE ALIGN OUR  
EXTERNAL ENVIRONMENT—OUR  
SANCTUARY—WITH OUR INTERNAL NEED  
FOR RENEWAL, RATHER THAN FIGHTING  
THE NATURAL RHYTHM OF LIFE, WE  
BEGIN FLOWING WITH IT.

BY USING RITUALS LIKE CLEANSING,  
ANOINTING, AND INTENTIONAL SPEECH,  
WE ANCHOR OUR TRUEST SELVES INTO  
BEING, ENSURING THAT OUR OUTER  
WORLD REFLECTS THE PROFOUND  
TRANSFORMATION HAPPENING IN THE  
QUIET DEPTHS OF OUR INNER SPIRIT.

**CREATED *to* AWAKEN  
WHAT'S ALWAYS BEEN INSIDE**