

Goodes & Guides

YULE
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OSTARA

SOLSTICE
SEASON



CREATED *to* AWAKEN
WHAT'S ALWAYS BEEN INSIDE



INSIDE YOUR MAGICKBOX



SOLSTICE SWAG

Protection • Resilience • Good Fortune

Holly Cedar Juniper

SPIRIT SPRITZ

clarity • Renewal • Harmony

Orange & Cedarwood

SMOKE SMUDGE

Purification • Courage • Protection

Cedarwood & Rosemary

SOUP SALTS

Healing • Warmth • Transformation

Thyme & Marjoram

OIL

DROPPER & ROLLER

Sanctuary Seal

Abundance • Spiritual Connection • Grounding

Orange & Frankincense

Sanctuary



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HONORING OUR SEASONS HOLISTICALLY MEANS ACKNOWLEDGING THAT THE WORLD AROUND US AND THE WORLD WITHIN US ARE CONSTANTLY IN CONVERSATION. JUST AS THE EARTH MOVES INTO THE STILLNESS OF WINTER TO GATHER STRENGTH FOR SPRING,

WE MUST INTENTIONALLY CREATE SPACE FOR OUR OWN CYCLES OF REST AND ACTIVITY. WHEN WE ALIGN OUR EXTERNAL ENVIRONMENT—OUR SANCTUARY—with our internal need for renewal, rather than fighting the natural rhythm of life, we begin flowing with it.

BY USING RITUALS LIKE CLEANSING, ANOINTING, AND INTENTIONAL SPEECH, WE ANCHOR OUR TRUEST SELVES INTO BEING, ENSURING THAT OUR OUTER WORLD REFLECTS THE PROFOUND TRANSFORMATION HAPPENING IN THE QUIET DEPTHS OF OUR INNER SPIRIT.

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